






# PE KS3 Subject Wider Reading List

All books listed below can be found in our school library.

Year group	Scheme	Book
KS3	<p style="text-align: center;">Football</p> 	<ul style="list-style-type: none"> <li>• 'Barca: The Rise and Fall of the Club that Built Modern Football' by Simon Kuper</li> <li>• 'Boots, Balls and Haircuts' by Hunter Davies</li> <li>• 'F2 World Class: How to Play like a Pro' by The F2</li> <li>• 'Football's Strangest Matches' by Andrew Ward</li> <li>• 'How Football Can Change the World' by Matt Oldfield</li> <li>• 'How to be a Better Footballer' by Andrew Henderson</li> <li>• 'How to be a Footballer and Other Sports Jobs' by Sol Linero</li> <li>• 'Leeds United on This Day' by Joe Mewis</li> <li>• 'Leeds United: A History' by Dave Tomlinson</li> <li>• 'The Official History of the FIFA World Cup' by FIFA World Football Museum</li> <li>• 'Play Like Your Football Heroes' by Matt Oldfield</li> <li>• 'The Secret Footballer: What Goes on Tour' by The Secret Footballer</li> <li>• 'Sporting Skills: Football' by Clive Gifford</li> <li>• 'The Most Incredible True Football Stories' by Matt Oldfield</li> </ul>
	<p style="text-align: center;">Rugby</p> 	<ul style="list-style-type: none"> <li>• 'Combat Zone' by Tom Palmer</li> <li>• 'Deadlocked' by Tom Palmer</li> <li>• 'Surface to Air' by Tom Palmer</li> <li>• 'Rugby Academy' by Tom Palmer</li> <li>• 'Gaelic Spirit' by Gerard Siggins</li> <li>• 'Rugby Flyer' by Gerard Siggins</li> <li>• 'Rugby Heroes' by Gerard Siggins</li> <li>• 'Rugby Rebel' by Gerard Siggins</li> <li>• 'Rugby Rookie' by Gerard Siggins</li> <li>• 'Rugby Runner' by Gerard Siggins</li> <li>• 'Rugby Spirit' by Gerard Siggins</li> </ul>

		<ul style="list-style-type: none"> <li>• 'Rugby Warrior' by Gerard Siggins</li> <li>• 'Jonny: My Autobiography' by Jonny Wilkinson</li> <li>• 'Know the Game: Complete Skills: Rugby' by Simon Jones</li> </ul>
	Badminton	<ul style="list-style-type: none"> <li>• 'Badminton: Skills of the Game' by Mark Golds</li> </ul>
	Handball	<ul style="list-style-type: none"> <li>• '101 Team Handball' by Felicia Lidia Radu and Beatrice Aurelia Abalasei</li> </ul>
	Netball	<ul style="list-style-type: none"> <li>• 'Netball' by All England Netball Association</li> </ul>
	Cross Country 	<ul style="list-style-type: none"> <li>• 'Cross-Country Running: The Best Training Plans for Peak Performance in the 5K, 1500m, 2000 and 10K' by Jeff Galloway</li> <li>• 'The Competitive Runner's Handbook' by Robert Glover</li> </ul>
	Fitness 	<ul style="list-style-type: none"> <li>• 'Extreme Fitness: Military Workouts and Fitness Challenges for Maximising Performance' by Chris McNab</li> <li>• 'Fitness for Sport' by Rex Hazeldine</li> </ul>
	Gymnastics	<ul style="list-style-type: none"> <li>• 'Gymnastics' by John Allan</li> </ul>
	Invasion Games 	<ul style="list-style-type: none"> <li>• 'Sports Academy: Basketball' by Clive Gifford</li> <li>• 'The Ultimate Guide to Basketball (100% Unofficial)' by Scholastic</li> </ul>
	Cricket 	<ul style="list-style-type: none"> <li>• 'Playfair Cricket Annual 2023' by Ian Marshall</li> <li>• 'Sporting Skills: Cricket' by Clive Gifford</li> <li>• 'Ultimate Cricket Superstars' by Tanya Aldred</li> </ul>
	Rounders	<ul style="list-style-type: none"> <li>• 'Rounders: The Skills of the Game' by Alison Leslie and Liz Cummins</li> </ul>
	Athletics	<ul style="list-style-type: none"> <li>• 'The Science of Athletics' by Emilie Dufresne</li> </ul>
	Sports biographies and autobiographies 	<ul style="list-style-type: none"> <li>• 'Always Managing: My Autobiography' by Harry Redknapp</li> <li>• 'And It Was Beautiful: Leeds United in the Era of Marcelo Bielsa' by Phil Hay</li> <li>• 'David Beckham: My Son' by Ted Beckham</li> <li>• 'My Life in Red and White' by Arsene Wenger</li> </ul>

		<ul style="list-style-type: none"> <li>• 'The Quality of Madness: A Life of Marcelo Bielsa' by Tim Rich</li> <li>• 'Revie: Revered and Reviled' by Richard Sutcliffe</li> <li>• 'Rio: My Decade as a Red' by Rio Ferdinand</li> <li>• 'What Would Jurgen Klopp Do?' by Tom Victor</li> <li>• 'Andy Murray: A Life Story' by Stephen Davies</li> <li>• 'G.O.A.T: Lebron James' by Bob Gurnett</li> <li>• 'Ultimate Sports Heroes: Usain Bolt' by John Murray</li> <li>• 'Golden: The Miraculous Rise of Steph Curry' by Marcus Thompson</li> <li>• 'Behind the Mask' by Tyson Fury</li> <li>• 'Bradley Wiggins: My Time' by Bradley Wiggins</li> <li>• 'Hedley Verity: Portrait of a Cricketer' by Alan Hill</li> <li>• 'Muhammad Ali: His Life and Times' by Thomas Hauser</li> <li>• 'Notorious: The Life and Fights of Conor McGregor' by Jack Slack</li> <li>• 'Showboat: The Life of Kobe Bryant' by Roland Lazenby</li> <li>• 'Anthony Joshua: King of the Ring' by Frank Worrall</li> </ul>
	<p style="text-align: center;"><b>Women and girls in sports</b></p> 	<ul style="list-style-type: none"> <li>• 'Our Beautiful Game' by Lou Kuenzler</li> <li>• 'Marta' by Charlotte Brown</li> <li>• 'Morgan' by Charlotte Brown</li> <li>• 'Rebel Girls Champions: 25 Tales of Unstoppable Athletes' by Rebel Girls</li> <li>• 'Run Like a Girl: 50 Extraordinary and Inspiring Sportswomen' by Danielle Brown</li> <li>• 'Trailblazers: Simone Biles' by Sally J. Morgan</li> <li>• 'The Extraordinary Life of Serena Williams' by Shelina Janmohamed</li> <li>• 'Jessica Ennis: Unbelievable' by Jessica Ennis</li> </ul>