| **PE GCSE** | |
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| **Course Overview** | |
| The GCSE PE course aims to develop theoretical knowledge and understanding of the physiological, psychological and socio-cultural factors that underpin sport and use this knowledge to improve performance. Students will analyse and evaluate performance in sport as part of a coursework element and they will develop an understanding about the contribution which physical activity and sport make to health, fitness and well-being.  Students who are contemplating taking the course should be taking a **full part in CORE PE in Year 9**, this includes **bringing a full PE kit** and having an assessment **PE** **banding grade of 5 or above**.  Students should be playing at **least one sport outside of school for a team or individual club** and be **competent in two other sports** that they have performed well in either in school or outside of school. The course is equivalent to 1 GCSE and many students use the qualification as a stepping stone to complete the sports qualification we offer in the sixth form. | |
| **Assessment:** | |
| **2 Exams sat in Y11**  **Paper 1 -** Applied anatomy and physiology Physical training  **Paper 2 -** Socio-cultural influences Sports psychology Health, fitness and well-being  Each paper is **1hr and worth 60 marks** | **Practical activity assessment**  Assessed Practically in 3 different sports(Team and individual) **60 marks**  **Evaluating and Analysing Performance (AEP) coursework**  Non-exam assessment coursework **20 marks**  **All grades are subject to external moderation** |
| **Awarding Body** | |
| OCR | |
| **Independent Learning Expectations** | |
| Students should have an **interest** in Sports outside of school and would benefit by **playing at least** **1 sport** to a team or individual club standard. Students will have the opportunity to support school sports teams in both Y10 and Y11 and also attend extra curricular clubs to improve their own skill set across a range of sports. All students will have independent tasks to complete throughout Y10 and Y11, these include homeworks, coursework tasks and revision. | |
| **Possible Careers in the Subject** | |
| PE teacher, Physiotherapist, Sports Coach, Sport Scientist, Sports Nutritionist, Sports Development Officer, Sports marketing, Sports Academy manager. | |
| **Subject Leader** | |
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